Generic Name	Nitroglycerin Intravenous	Nitroglycerin Patch	Nitroglycerin Ointment	Nitroglycerin Sublingual	Isosorbide Dinitrate Sublingual	Isosorbide Dinitrate	Isosorbide 5-Mononitrate
Trade Name	TRIDIL, generics	NITRODUR, TRANSDERM- NITRO, MINITRAN, TRINIPATCH	NITROL	NITROLINGUAL Pumpspray, RHO-NITRO Pumpspray, NITROLINGUAL Metered dose spray NITROSTAT sublingual tablet	generics	generics (for immediate release) SR: no longer available	IMDUR, generics
Dosage Forms	100 mg/250 mL premixed bottle - UHN <i>Note</i> : 0.84 mL alcohol per 100 mL solution 100 mcg/mL 200 mcg/mL 400 mcg/mL 10 mg/10 mL vial - UHN 50 mg/10 mL vial - UHN		30 g/30 inches ointment	SL spray: 0.4 mg/ dose SL tablet: 0.3 mg, 0.6 mg	SL tablet: 5mg	Immediate release tablet: 10 mg 30 mg	SR tablet: 60 mg SR *Non- formulary at UHN



Generic Name	Nitroglycerin Intravenous	Nitroglycerin Patch	Nitroglycerin Ointment	Nitroglycerin Sublingual	Isosorbide Dinitrate Sublingual	Isosorbide Dinitrate	Isosorbide 5-Mononitrate
<b>Dosing</b> Usual dose range	Starting and target doses are determined by clinical situation and the number and response to initial SL boluses required for symptom control. For maintenance of symptom control: initial dose of 10-60 mcg/min may be titrated up every 10 min by 5–20 mcg/min increments. Titrate to a usual target dose of 60-100 mcg/min, maintaining SBP above 90 mm Hg; avoid SBP decrease of more than 30 mm Hg or HR increase of more than 10 bpm. Usual maximum dose is	0.2 to 0.8 mg/h once daily. 12-14 hour patch-free interval required for stable angina. May use continuously for unstable patients for 48 to 72 hours.	½ inch to 1 inch tid-qid; remove for 8-10 hours per 24-hour period; e.g., <i>ON</i> 0600, 1200, 1800, <i>OFF</i> at 2200	SL spray: 0.4 mg prn; dose may be repeated after 5 minutes for total of 3 doses in 15 minutes SL tablet: 0.3-0.6 mg prn; dose may be repeated after 5 minutes for a total of 3 doses in 15 minutes		10-45 mg tid	60-240 mg SR once daily



Generic Name	Nitroglycerin Intravenous	Nitroglycerin Patch	Nitroglycerin Ointment	Nitroglycerin Sublingual	Isosorbide Dinitrate Sublingual	Isosorbide Dinitrate	Isosorbide 5-Mononitrate
	400 mcg/min.						
Comments	Dose-related hypotension, sinus bradycardia, headache, methemoglo- binemia (rare with doses of 30 mcg/kg/ min). <b>Note:</b> 0.84 mL alcohol per 100 mL solution	For prevention of angina. Contact dermatitis occurs in up to 40% of patients using transdermal patches (prevent by rotating sites of application)	For prevention of angina		For prophylaxis of acute angina	For prevention of angina	For prevention of angina
CAUTION	Caution is requi	•	is hypotensive, b CM) or severe ao	oradycardiac (<50 rtic stenosis	bpm), tachycard	lic (>100 bpm),	or has



Generic Name	Nitroglycerin Intravenous	Nitroglycerin Patch	Nitroglycerin Ointment	Nitroglycerin Sublingual	Isosorbide Dinitrate Sublingual	Isosorbide Dinitrate	Isosorbide 5-Mononitrate		
Common Side Effects	<ul> <li>Headache, hypotension, tachycardia, flushing and edema. (Alcohol may worsen these side effects.)</li> <li>Acetaminophen may help with nitrate headache.</li> <li>Nitrates' therapeutic value may be compromised by the rapid development of nitrate tolerance during sustained therapy.</li> <li>For stable angina patients, it is recommended that a "nitrate-free" period of approximately 12-14 hours daily be used while on nitrate therapy.</li> <li>For patients with ongoing/unstable angina, consider continuous nitrate therapy (IV, patch) for 2-3 days until patient stabilizes.</li> </ul>								
Onset Duration	Onset: 1-2 min Duration: 3-5 min	Onset: 40-60 min Duration: 18-24 hours	Onset: 20-60 min Duration: 2-12 hours	Onset: Spray: 2 min Tablet: 1-3 min Duration: 30-60 min	Onset: 2-5 min Duration: 1-2 hours	(immediate release) Onset: 20-40 min Duration: 4-6 hours	Onset: 60-120 min Duration: 5-12 hours		
Metabolism	Liver	Liver	Liver	Liver	Liver	Liver	Liver		
Elimination	Renal: 22%	Renal: 22%	Renal: 22%	Renal: 22%	Renal: 80-90%	Renal: 80-90%	Renal: 78%		
Dosage Adjustment	No adjustment guidelines in renal/hepatic dysfunction.								
<i>Common Drug Interactions</i>	<ul> <li>Phosphodiesterase-5 enzyme inhibitors (e.g., sildenafil, vardenafil, tadalafil) - contraindicated - may precipitate acute hypotension, myocardial infarction or death; Where nitrate administration is deemed medically necessary in a life-threatening situation, at least 24 hours should have elapsed after the last dose of sildenafil and vardenafil, and at least 48 hours after tadalafil.</li> <li>IV nitroglycerin may antagonize anticoagulant effect of heparin (possibly only at high doses) - monitor</li> <li>Ergot alkaloids may cause ↑ in blood pressure and ↓ antianginal effects</li> <li>Alcohol and nitrates may have additive vasodilatation effects possibly resulting in hypotension - caution with this combination is advised.</li> <li>Caution if the patient is hypotensive, bradycardiac (&lt;50 bpm), tachycardic (&gt;100 bpm), or has hypertrophic cardiomyopathy (HCM) or severe aortic stenosis</li> <li>May potentiate ↓ blood pressure of antihypertensives -monitor for possible additive hypotensive effects</li> </ul>								



Generic Name	Nitroglycerin Intravenous		Nitroglycerin Ointment	Nitroglycerin Sublingual	Isosorbide Dinitrate Sublingual		sosorbide 5-Mononitrate
Unit Cost*	\$11.08 (5mg/mL 10mL vial)	\$0.66 (0.2 mg/h patch) \$0.47 (0.4 mg/h patch) \$0.47 (0.6 mg/h patch) \$1.29 (0.8 mg/h patch)		\$8.46 (0.4 mg SL spray) \$0.12 (0.3 mg SL tablet) \$0.12 (0.6mg SL tablet)	\$0.062 (5 mg SL tablet)	\$0.037 (10 mg tablet) \$0.086 (30 mg tablet)	\$0.50 (60 mg SR tablet)
30 Day <sup>#</sup> Patient Cost		\$21 (0.2 mg/h patch) \$ 15 (0.4 mg/h patch) \$ 15 (0.6 mg/h patch) 42 (0.8 mg/h patch)	\$1.50 (60g)	\$9.10 (0.4 mg/spray) \$9.70 (0.3/0.6 mg SL)	\$2.00	\$3.60 (10 mg tio \$8.40 (30 mg tio	, ,
ODB	N/A	Yes 0.4 mg and 0.6 mg patch (0.2 mg, 0.8 mg NOT covered)	Yes	Yes Available also as non- prescription products	Yes	Yes (immediate release tablets)	No
MSH	Yes	Yes	Yes	Yes	No	Yes (immediate release tablets)	Yes
UHN	Yes 100 mg/250 mL 10 mg/10mL 50 mg/10mL	Yes	Yes	Yes	Yes	Yes (immediate release tablets)	No

\* List prices from the Ontario Drug Benefit (ODB) Formulary, Ontario Ministry of Health. Last Updated: 01/04/2011 Version 2.2. All prices represent the generic medication option. IV prices from distributor database.

# 30 day patient costs represented by ODB generic price + 8% markup. These prices do not include a dispensing fee, which can range from 4.99 – 11.99. Pricing is based on a typical dosing regimen.



### Approximate equivalent dosages of nitrates

- Nitroglycerin ointment 1 inch q6h
- Nitroglycerin Patch 0.4 mg/h
- Isosorbide Dinitrate 15 mg tid
- Isosorbide Mononitrate
  - Immediate release 10 mg bid
  - Sustained release 30 mg/day

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#### Notice to Healthcare Providers:

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This information in this Handbook is intended for use by and with experienced physicians and pharmacists. The information is not intended to replace sound professional judgment in individual situations, and should be used in conjunction with other reliable sources of information. Decisions about particular medical treatments should always be made in consultation with a qualified medical practitioner knowledgeable about Cardiovascular illness and the treatments in question.

Due to the rapidly changing nature of cardiovascular treatments and therapies, users are advised to recheck the information contained herein with the original source before applying it to patient care.

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